

Darlington Early Education Branch

Wednesday 17th November 2021
4-5pm

Supporting Yourself, Supporting Others – a practitioner guide to staff well-being in the Early Years

Facilitator: Ruth Mercer (Early Education Associate)

This informative workshop will share some of the current thinking on supporting practitioner well-being in early years' settings.

It will consider four key considerations for staff well-being and lots of practical tips that you might like to take back into your work place – to support yourself and support others.

Why not join this with some colleagues in the workplace so you can listen to key messages, share ideas and support one another

Ruth Mercer is a coach and consultant in Early Years., She will bring to the workshop her own leadership learning in helping staff create a mutually supportive team within a safe environment.

Cost: Free for members. £5 for non-members. Places can be booked at the following link:

<https://www.early-education.org.uk/darlington-branch-supporting-yourself-supporting-others-%E2%80%93-practitioner-guide-staff-well-being-early>